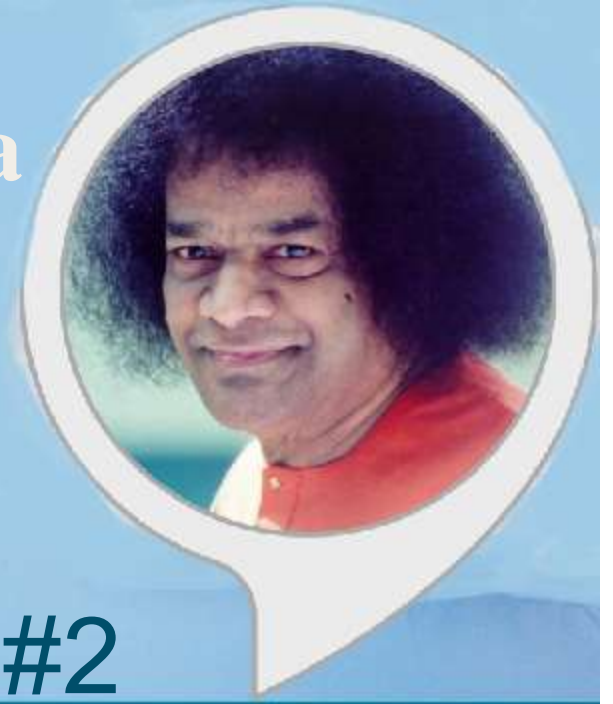


1008 Days of Sadhana

Starting: Thursday, 08/19/2021

Ending: Sunday, 11/23/2025



Your Name:

Sadhana Offering #2

PICK ANY TWO DAYS IN A WEEK



Please pick any two days of the week that works for you. Write "Sunday, Monday" as an example below. So you can follow it every week.

NOTE: Please do every week starting from 8/19/2021 to 11/23/2025

Mandatory Activities: 21 AUMS / 9 SAMASTHA LOKA

- Activity 1 : Pick one sadhana activity [_____]
- Activity 2 : Pick one sadhana activity [_____]
- Activity 3 : Pick one sadhana (follow this for only 2 weeks of a month) [_____]



For more information, please contact us >>>

Note: Please print this document with your information and post it in a visible place where it serves as a reminder.

Sadhana Activities

- > 108 Sai Gayatri
- > 108 Gayatri
- > 108 Aum Sri Sai Ram
- > 108 Ashthotram
- > Rudram Chanting
- > Tapovanam Reading
- > SSS / Vahini Reading
- > Namalikitha (Writing Names)
- > Sravanam (Listening)
- > Bhajans
- > Service Activity
- > Study Circle
- > Silence
- > Meditation
- > Pick Your Own Sadhana

www.sssgc-usa.org/1008sadhana